

# Feed a Cold Recipe (from commoncold.org)

## Goody's Hot Buttered Cider

### Mull (heat) for 10-15 minutes:

- 1 pint of sweet apple cider
- 2 cinnamon sticks

### Place In a Mug and Stir:

- 1 tsp powdered sugar
- 3/4 mug of hot cider (above)
- 1/4 mug of boiling water

### Add:

- pat of butter
- sprinkle of nutmeg

A jigger of rum was added in the old days