

Feed a Cold Recipe (from commoncold.org)

Tay Tay's Buttermilk Biscuits

Sift Together:

- 2 cups flour
- 2 heaping tsp baking powder
- 1 tsp salt

Add:

- 4 heaping Tbs solid shortening

Blend with a pastry cutter while turning bowl until the mixture looks like fine cornmeal.

Add:

- 1 cup of buttermilk (more if dough is too dry)

Stir with a fork just until dough holds together. Shape in a ball and place on floured board. Roll out with rolling pin about 1/4" thick and cut with biscuit cutter.

Bake at 475 deg (F) for 8-10 min.